



News and Recent Events

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Stories of recent events and photos from Bella Vista Waters.

Regular Groups a Great Way to Meet People - 2 September 2010

At Bella Vista Waters we have regular groups for everyone. The monthly Friday Happy Hour provides an opportunity to unwind with locals over a drink and some food. Luncheon Ladies, Friday Coffee Club and Young Mum's Coffee Morning are a great way to meet and catch up with people. For the artistic, Art Class is on every Monday morning and for those wanting to get fit, Group Fitness Training meets Monday and Wednesday nights. A Photography Club will be starting soon. If you have an idea for a group and know residents who would like to join, we would like to hear about it.



New Residents get together for Dinner - 29 August 2010

A special dinner is organised in Bella Vista Waters for new residents twice a year. 24 residents gathered at Bella Vista Waters Sales & Information Office on Sunday 29th August for such an occasion. Peacock Indian Cuisine catered the delicious dinner, followed by a fruit platter and chocolates.



It was great to meet new people over a drink and some food and no one was in a hurry to go home. The children were given activity packs and had fun playing Uno with new friends.



ResMed Tour: An Interesting & Educational Experience - 25 August 2010

A group of residents of Bella Vista Waters went on a tour of ResMed at Bella Vista on 25th August. After a very interesting talk on sleep and sleep apnea, we learned about the types of products ResMed manufactures to assist those with sleep-disordered breathing. The tour included a walk through manufacturing and the Innovation Centre. The tour was a very educational and another one will be organised in 2011.



Knitting for Charity - 11 August 2010

A group of ladies, inspired by Mary Prokop, have been getting together to knit for charity. They are meeting monthly, over afternoon tea, and aim to knit enough squares to make 10-15 blankets for Wrap With Love. Wrap With Love is a voluntary project with approximately 25,000 Love-Wrap workers around Australia. From 1992 to 2007, 157,046 wraps have been given to the needy in Australia and overseas, a priceless contribution of over 23,500,000 voluntary hours. If you would like to be involved, please call Mary on 0438 614 177.



An uplifting story, without the lift! - 30 July 2010

One of our Bella Vista Waters residents is somewhat more visible than many of us. Grahame Murphy and his wife Angie live in Ashburn Close. Grahame is often seen around the neighbourhood, either out running or talking his chocolate brown Labrador Mr Murf for a walk. He tells me he is a "keen runner", having run more than 140,000kms in his 30+ years of training!

Grahame competed on 23 July in the Triple M Sydney Centrepoint Tower Run-up. He finished the race, from ground level in Pitt Street up the fire stairs to the tower's observation deck, in 10 minutes and 59 seconds. This result placed him 3rd in the most senior age category which was for over-45 year olds. "Not bad for old bloke of 56", said Grahame. He then went on to say it was the 9th time he has competed in the event and this was his fastest time for 14 years! He's now just waiting for his finish line photo so here in the meantime is his snapshot from last year.



Grahame's claim to fame, beyond zooming up the 1,500+ stairs of the Centrepoint Tower, is that he has run around the world without stopping – twice in fact! Maybe you find that hard to believe. Well, in 1994 he went on a successful expedition to the Geographic North Pole. While there, he ran one full circle around the exact location of the North Pole, thereby crossing through every time zone and circumnavigating the world in precisely 23 seconds. Five years later he went on another expedition, this time to the Geographic South Pole. You've guessed it – he completed another non-stop run around the world. This time he managed it 3 seconds faster!

If you or your company needs someone to help improve your organization's effectiveness or staff motivation, then call on Grahame. He works as a high performance business consultant and personal coach. If you bump into him while out walking in the neighbourhood though, watch out! Within a few moments conversation about the benefits of exercise, he can have you started and locked into a serious stair-climbing exercise regime of your own!

Grahame can be contacted through the Sales Office.

Christmas in July - July 2010

This year's Christmas in July was celebrated at Rave Café. Residents were greeted by Carollers and served a range of finger food and drinks. It was a great time to catch up with friends and meet new people.



\$760 was raised from ticket sales and has been donated to The Salvation Army's Samaritan House, providing a safe place for young girls in destitute situations. The funds will go towards building a roof top garden.



Wind cannot stop School Holiday fun - 9 July 2010

Several brave families headed off to Rowanbrae Park on Friday 9th July for some games and afternoon tea. The cold wind was no deterrent for the children having a great time with a variety of races and tug-o-war.



School holiday fun making cards - 7 July 2010

Mums and children came together for some card making at Bella Vista Waters Sales & Information Office Wednesday 7th July. Beautiful Fathers' Day cards, birthday cards and Christmas cards were made by all.



Ladies enjoy Girls Night Out - 4 May 2010

As a prelude to Mother's Day, Entourage Hair, Beauty & Laser hosted a Girls Night Out on Tuesday night, 4th May. Ladies were treated to mini treatments, desserts, including lots of chocolate, and champagne, provided by the Bella Vista Waters Community Development Program. The evening was a great opportunity to catch up with friends and meet new people.



Bella Vista Waters Food & Wine Festival a huge success - 2 May 2010

Bella Vista's residents took full advantage of a glorious day and a host of food and wine providers to flock to Rowanbrae Reserve on a warm Sunday in May for the annual Bella Vista Waters Food and Wine Festival. Only the second time this festival has been held, it proved to be a resounding success with more than 1000 residents enjoying the many and varied food and wine offerings.



Bimdagen Estate was once again on hand to provide wine tastings, this year joined by Andullong Village from Orange and Lawson's Dry Hills from New Zealand's Marlborough district, while local restaurants including Iso Lounge, Jazzveh Pizza, The Original Frango, Thai Waterfront, The Mean Fiddler and Peacock Indian Cuisine provided locals with sampling of their cuisine. Local businesses including D'fine Prime Cuts who bought slow cooked roasts, Cucina Casalinga, a local business which makes pasta dishes, the Sauerkraut Sisters with German sausages, and island2island Beverage Company who handed out free samplings of lemon, lime and bitters were also very popular. The Mean Fiddler also provided samplings of international beer, which proved very popular in the warm weather. There was also live music by Anna Matthewson and face painting for the children.



Jewellery Making Workshop - 14 April 2010

Residents of various ages came along and enjoyed the Jewellery Making Workshop during the April school holidays. All went home with a variety of hand crafted earrings, necklaces and bracelets. The workshop included morning tea. An activity will be organised in the July holidays also.



Afternoon Tea with the Easter Bunny - 1 April 2010

Thursday 1st April was a beautiful day for a picnic afternoon tea at Rowanbrae Reserve. After some hot cross buns, fruit, cheese & crackers, chocolate slice and drinks the children were ready to play. Games such as the egg and spoon race, carrot relay and ping-pong-ball-in-the-bucket kept them entertained while adults were able to enjoy meeting each other. The arrival of the Easter Bunny caused much excitement and together they headed off for the Easter Egg hunt. All children went home with plenty of treats.



Luncheon Ladies - 17 March 2010

The Luncheon Ladies meet every third Wednesday of each month.



Meet Your Neighbour Night - 28 February 2010

Meet Your Neighbour nights are a great chance for residents new and old to meet each other over light refreshments at the Bella Vista Waters Sales and Information Centre.



Happy Hour - 12 February 2010

Happy Hour is usually held on the first Friday night of each month. The February Happy Hour saw many residents enjoy each others company over some wine and nibbles.



Street Parties - 26 January 2010

Some of the Street Parties held on Australia Day. If you have held or would like to hold a Street Party we'd love to hear about it.

